



CPPD (UK) Ltd
Counselling School
Training Courses

Family Constellations Therapy

You are invited to take part in a workshop using Bert Hellinger's family systems psychotherapy. The workshop will be a safe and confidential space in which to look at unresolved issues in our lives, by exploring family dynamics and their effect on us. We begin this process by placing representatives of family members in different positions and by noticing their reactions, to help bring the family system into order. Workshop participants will have a chance to experience their own family entanglements and possible resolution, and to participate in the constellations of other group members.

"When each person is in the right place, when each is being true to what is important to that person; when each is attending to his or her own life and not interfering with the others, then everyone has dignity and self-esteem and feels good. That's a resolution." (Bert Hellinger)

Issues brought to this workshop might include:

- family secrets
- conflicts in intimate relationships and between parents and children, depression
- illness
- death
- abortion
- adoption
- and other personal concerns.

There are 16 places available on this workshop. We look for a balance between male and female group members in order to energetically support this experiential work.

Some past workshop participants' comments:

" A profound experience"
"It was fascinating"
"Superbly run and facilitated"

For more information, course dates and prices please contact us:

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