



Working with Survivors of Abuse

We now offer four individual, ongoing modules under the subject of Survivors of Abuse. Each will run 10am-5pm Saturday & 10am-4.30pm Sunday. On completion of each weekend, students will be awarded a **Certificate of Attendance**. To be awarded the **Certificate for Working with Survivors of Abuse** students will be required, in addition to attending all 4 courses, to submit **two** academic assignments. Please ask for more information when applying.

For details of dates and prices please call (020) 8341 4843

Weekend I: Understanding Abuse and Healing Tasks

This intensive skills based weekend encourages and enhances therapeutic competence in working with adult survivors of abuse. The weekend addresses childhood abuse and the consequences such as life scripts, self-harm, shame, blame and guilt.

Participants will have the opportunity to develop a variety of strategies through the experience of role-play with an actor.

Tutor: Lynne Kaye

Weekend II: Rage and Anger

This weekend training encourages a deeper understanding of the difference between rage and anger. Often survivors of childhood abuse have internalised their angry feelings and these feelings will manifest in many different ways. The workshop will demonstrate how to support clients in managing their feelings appropriately. It also intends to offer information and tools to support practitioners and the clients they work with in understanding grief, depression and self-blame, and look at how and why these are common and familiar expressions of rage and anger.

Tutor: Lynne Kaye

Weekend III: Understanding the Abuser

This workshop aims to inform participants in an understanding of abusers and why they abuse. Studies have shown that healing and recovery for a survivor of childhood abuse is most benefited from the provision of information about sexual abuse. Therefore, this training weekend is intended to provide as much information and exploration

of the effects of the abuser on the survivor, from an emotional, mental and behavioural standpoint. During this weekend we will also look at confrontation and the possible legal aspects. On Saturday, a member of the Police Child Protection team will present a lecture lasting approximately 2 hours, looking at the legal aspect of Abuse Survivors wanting to prosecute.

Tutor: Lynne Kaye

Weekend IV: Intimacy & Sexuality

For many survivors of abuse, the issue of emotional physical contact, intimacy and sexuality often present as a difficulty in adult functioning. During this weekend, we will explore these difficulties and gain a deeper understanding of the function of these sexual and emotional fears. For a client to be able to 'let go' of negative self-image and begin to take back their sexual selves, they will need to understand the meaning of their defences. Indeed, it is by identifying, understanding and honouring defences, that clients can become able to make an informed choice in beginning the process of letting go.

Tutor: Lynne Kaye

For more information, including course dates and prices, please contact us:

Web: <http://www.cppd.co.uk/>

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tel: (020) 8341 4843