



Working with Young People

Course Content

This is a training course designed for all those who are currently or would like to become involved in counselling an adolescent client group.

The course aims to examine some of the myths and stereotypes and also the major developmental shifts of this formative transitional period. It will seek to reflect upon some of the particular challenges and rewards of working with teenage clients. There will be some consideration of key themes and issues that may arise in therapeutic work with young people and an evaluation of the effectiveness of different therapeutic models and interventions. Complex issues around Child Protection will be highlighted and the impact upon the clinician of work with troubled youngsters will be explored.

The training will involve didactic teaching, group case study discussion, paired role-play, viewing of footage of clinical work, study of theoretical material and therapeutic exercises.

Tutor's Biography

Sian Macfie has experience of working with young people in a range of therapeutic settings. Most recently she has worked at the NSPCC as a counsellor for young people placed on the Child Protection Register and living in the context of parental alcoholism and domestic violence. Prior to this she worked as a therapist in a project for young women leaving prison, drug rehab and psychiatric in-patient care. Sian has also worked with young people in private practice, as a counsellor in a secondary school/sixth form college and at ChildLine. Her wider experience includes working as a mentor for young people permanently excluded from the education system and as a Special Needs teacher with Statement students with emotional/behavioural difficulties. She also spend many years working within the state sector as a Head of Year responsible for the pastoral care of teenage students; as a team leader of young people's outward-bound training courses and as a teacher of English. Sian has a special interest in the therapeutic use of art, creative writing and drama techniques.

Sian is a BACP Accredited Registered Practitioner and UKRC registered Independent Counsellor with an Advanced Diploma in Humanist Integrative Counselling. She studied at CPPD.

For more information please contact us:

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